

PRECOR®



## EXPERIENCE STRENGTH™ C-LINE

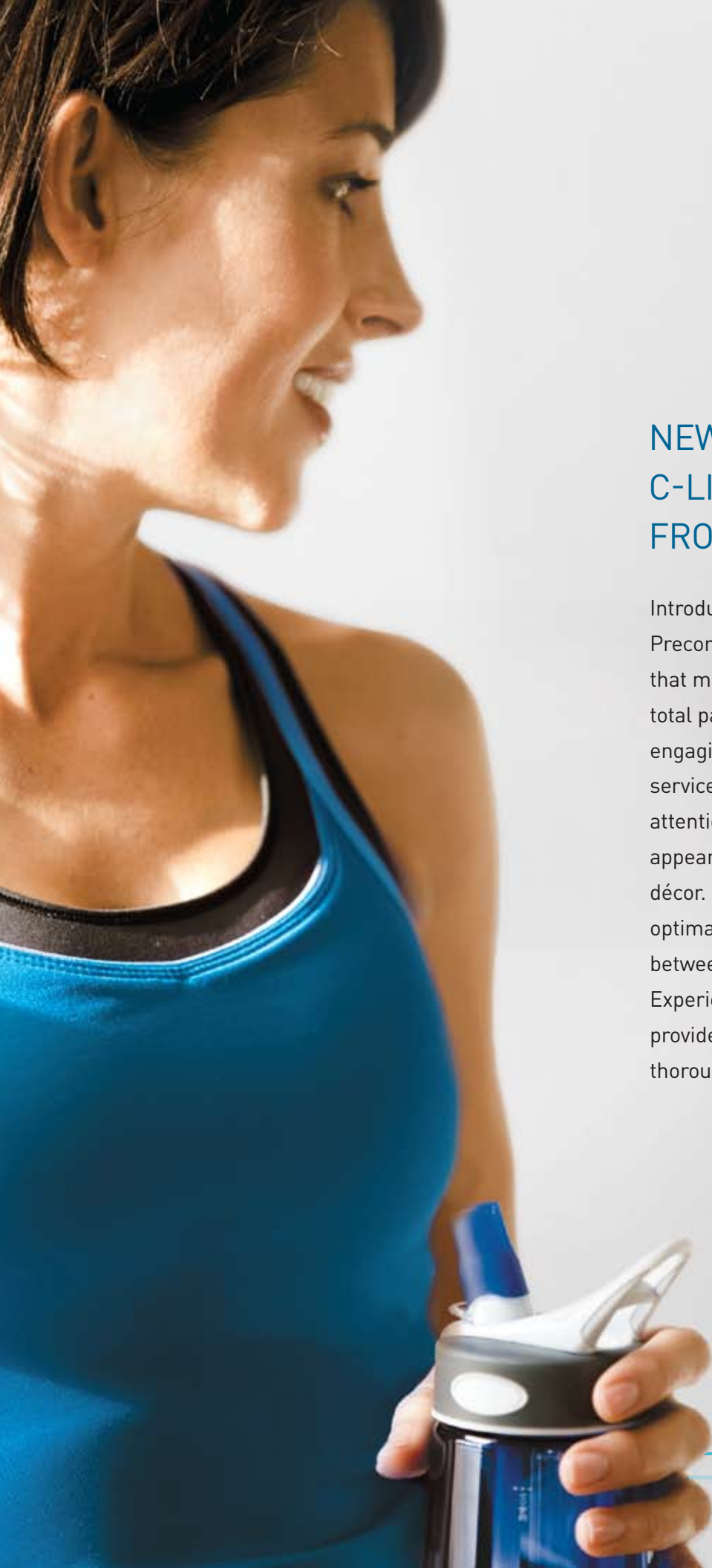
BODY INSPIRED. MACHINE DEFINED.™





## NEW EXPERIENCE STRENGTH™ C-LINE. PRECOR QUALITY FROM THE GROUND UP.

Introducing Experience Strength™ C-Line, pure Precor quality in selectorized strength equipment that moves the way you move. Precor offers the total package: quality strength, superior cardio, engaging entertainment and comprehensive service. This outstanding line delivers durability, attention to detail, and a sleek, sculptural appearance to complement any fitness center's décor. Built on sound biomechanics to ensure optimal resistance and smooth interaction between user and equipment, easy-to-use Experience Strength products are designed to provide both user and owner/operator with a thoroughly positive experience.





Chest Press

EXPERIENCE STRENGTH™ C-LINE

BODY INSPIRED. MACHINE DEFINED.™

# EXPERIENCE STRENGTH™ C-LINE



Pads are engineered to provide comfort and support for proper form. Users can make adjustments easily and conveniently while seated at the machine.



Every component the user touches is designed to enhance the workout experience, including extra-large grips for pushing and standard-sized grips for pulling.



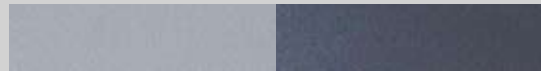
Simple, step-by-step instructions for setup and exercise include tips that help users maximize their workout.



Precor partners closely with fitness center owner/operators to help them deliver the kind of positive user experience that strengthens their business.

## Color set option 1

### SHROUD



Front silver gray

Rear pacific blue

### FRAME



Titanium

White

Steel blue

### UPHOLSTERY



Black

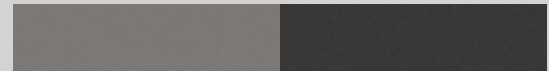
Mahogany

Imperial blue

Colors may vary

## Color set option 2

### SHROUD



Front amazon stone

Rear dark cavern

### FRAME



Desert bronze

White

Black

### UPHOLSTERY



Black

Mahogany

Paprika

---

## UPPER BODY



### BICEP CURL

- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Handle grips angled for proper exercise mechanics
- Weight Stack 170 lbs (78 kg)



### TRICEP EXTENSION

- Angled pad positions arms for maximum comfort and efficiency
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 170 lbs (78 kg)



### CHEST PRESS

- Movement arm features forward-set low pivot for proper motion path
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 260 lbs (119 kg)



### SHOULDER PRESS

- Movement arm designed to create optimal motion path
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 215 lbs (98 kg)



### LAT PULLDOWN

- Wide pulldown handles maximize lat muscle engagement
- Ratcheting gas-assisted seat adjusts to fit wide range of users
- Weight Stack 260 lbs (119 kg)

---

## UPPER BODY (CONTINUED)



### SEATED ROW

- Movement arm features low, forward-set pivot for optimal motion path
- Angled triple-grip handles create wide range of user start positions, no chest pad adjustments needed
- Weight Stack 260 lbs (119 kg)



### REAR DELT/PEC FLY

- Dual independent-movement arms feature upper pivots to accommodate arm lengths and can be set to 13 starting positions over a 120-degree range
- Weight stack offset to user's right for most convenient access
- Weight Stack 215 lbs (98 kg)

---

## LOWER BODY



### LEG EXTENSION

- Spring-assisted back pad adjusts easily from seated position
- Start position and roller pad adjust for optimal exercise mechanics
- Weight Stack 260 lbs (119 kg)



### SEATED LEG CURL

- Knee pad moves with user's lower legs, no thigh hold-down pad required
- Start position and roller pads adjust for optimal exercise mechanics
- Weight Stack 260 lbs (119 kg)



### LEG PRESS

- Conveniently located release handle for seat adjustment to fit wide range of users
  - Low-maintenance rollers and rigid tubular chrome steel tracks create smooth exercise motion
  - Weight Stack 425 lbs (194 kg)
-

---

## CORE



### ABDOMINAL

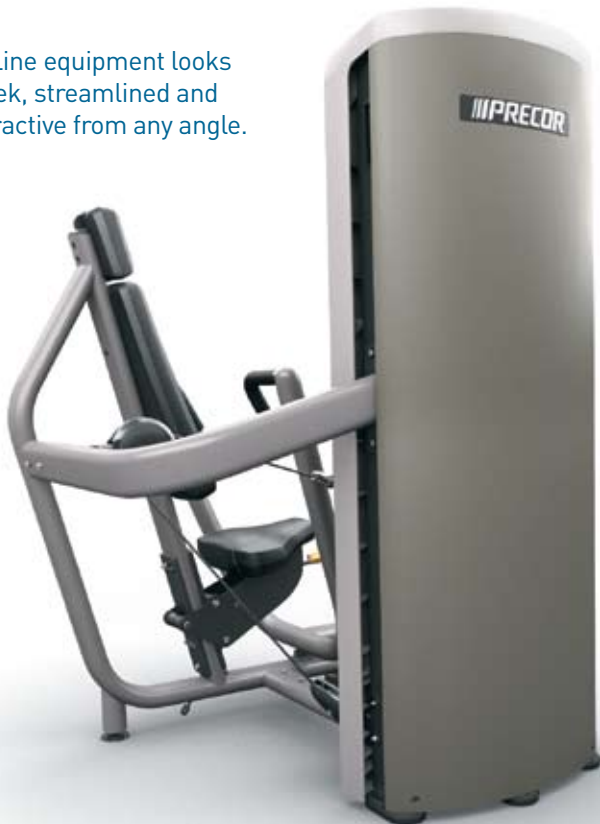
- Unique design allows user to begin exercising without making any adjustment to seat or movement arm
- Foot brace allows users of all sizes to stabilize themselves during exercise
- Weight Stack 215 lbs (98 kg)



### BACK EXTENSION

- Unique design allows user to begin exercising by making only one adjustment to the movement arm start position
- Contoured pad supports the back for proper spinal biomechanics during exercise
- Weight Stack 215 lbs (98 kg)

C-Line equipment looks sleek, streamlined and attractive from any angle.




**EASY-TO-USE:** The weight stacks on all Experience Strength C-Line machines are designed for easy reach from a seated position.

**ADD-ON WEIGHTS:** Weights can be increased by 15 lbs (7 kg)\* to reach the desired total, with two add-on weights of 5 lbs (2.5 kg) each for a more precise workout.

**ACCESSORIES HOLDER:** A useful drink and accessories holder is positioned for convenience during workout and also features the name of the machine for easy identification from any side.

\* The weight figures provided here are rounded to the nearest whole number



## UPPER BODY

---

### BICEP CURL

#### PRODUCT SPECIFICATIONS

Length.....44 in (112 cm)  
Width.....43 in (109 cm)  
Height .....67 in (170 cm)  
Weight.....425 lbs (193 kg)  
Weight Stack.....170 lbs (78 kg)

### TRICEP EXTENSION

#### PRODUCT SPECIFICATIONS

Length.....44 in (112 cm)  
Width.....43 in (109 cm)  
Height .....67 in (170 cm)  
Weight.....430 lbs (195 kg)  
Weight Stack.....170 lbs (78 kg)

### CHEST PRESS

#### PRODUCT SPECIFICATIONS

Length.....58 in (147 cm)  
Width.....59 in (150 cm)  
Height .....67 in (170 cm)  
Weight.....615 lbs (280 kg)  
Weight Stack.....260 lbs (119 kg)

### SHOULDER PRESS

#### PRODUCT SPECIFICATIONS

Length.....65 in (165 cm)  
Width.....52 in (132 cm)  
Height .....67 in (170 cm)  
Weight.....600 lbs (273 kg)  
Weight Stack.....215 lbs (98 kg)

### LAT PULLDOWN

#### PRODUCT SPECIFICATIONS

Length.....66 in (168 cm)  
Width.....63 in (160 cm)  
Height .....77 in (196 cm)  
Weight.....675 lbs (307 kg)  
Weight Stack.....260 lbs (119 kg)

### SEATED ROW

#### PRODUCT SPECIFICATIONS

Length.....52 in (132 cm)  
Width.....49 in (124 cm)  
Height .....67 in (170 cm)  
Weight.....550 lbs (250 kg)  
Weight Stack.....260 lbs (119 kg)

### REAR DELT/PEC FLY

#### PRODUCT SPECIFICATIONS

Length.....62 in (157 cm)  
Width.....55 in (140 cm)  
Height .....84 in (213 cm)  
Weight.....625 lbs (284 kg)  
Weight Stack.....215 lbs (98 kg)

## LOWER BODY

---

### LEG EXTENSION

#### PRODUCT SPECIFICATIONS

Length.....51 in (130 cm)  
Width.....49 in (124 cm)  
Height .....67 in (170 cm)  
Weight.....610 lbs (277 kg)  
Weight Stack.....260 lbs (119 kg)

### SEATED LEG CURL

#### PRODUCT SPECIFICATIONS

Length.....63 in (160 cm)  
Width.....49 in (124 cm)  
Height .....67 in (170 cm)  
Weight.....585 lbs (266 kg)  
Weight Stack.....260 lbs (119 kg)

### LEG PRESS

#### PRODUCT SPECIFICATIONS

Length.....77 in (196 cm)  
Width.....48 in (122 cm)  
Height .....77 in (196 cm)  
Weight.....930 lbs (423 kg)  
Weight Stack.....425 lbs (194 kg)

## CORE

---

### ABDOMINAL

#### PRODUCT SPECIFICATIONS

Length.....54 in (137 cm)  
Width.....51 in (130 cm)  
Height .....67 in (170 cm)  
Weight.....600 lbs (273 kg)  
Weight Stack.....215 lbs (98 kg)

### BACK EXTENSION

#### PRODUCT SPECIFICATIONS

Length.....44 in (112 cm)  
Width.....43 in (109 cm)  
Height .....67 in (170 cm)  
Weight.....580 lbs (264 kg)  
Weight Stack.....215 lbs (98 kg)

To learn more about our upcoming line of Precor Experience Strength C-Line products, go to [www.precor.com/c-line](http://www.precor.com/c-line) or contact your Precor Sales Representative today at 800.786.8404.