

FUEL YOUR LIFE



Octane[®]
FITNESS

octanefitness.com



UNPRECEDENTED COMMITMENT

- Pro4500 – top-of-the-line with electronically adjustable stride length and patent-pending SmartStride™ interactive ergonomics
- Pro3500XL – premium unit with 24" stride length
- Pro3500 – ultra-durable for intense usage in busy health clubs
- Pro350 – built for lighter usage facilities

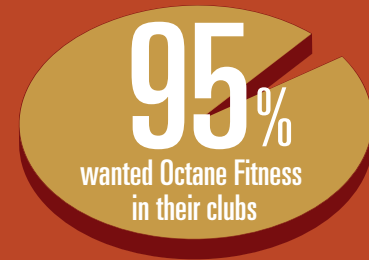
PRECISION ENGINEERING

To deliver the most natural, comfortable and effective elliptical motion, Octane Fitness works with leading universities, conducting exhaustive testing in biomechanics and ergonomics and using sophisticated motion analysis software. Based on thoughtful engineering and uncompromising standards, Octane's breakthroughs are unmatched by any other ellipticals today:

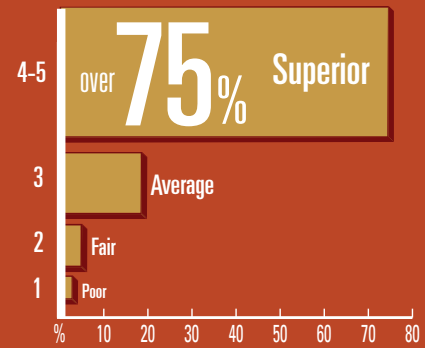
- **Exclusive Body-Mapping Ergonomics™** and patented **QuadLink™ Drive** – create natural motion that replicates walking, jogging and running
- **SmartStride** – technology replicates walking, jogging and running and custom-fits exercisers
- **Electronically adjustable stride** – ultimate variety from 18-23"
- **2" pedal spacing** – optimizes comfort and eliminates potential back stress
- **MultiGrip handlebars** – maximize customization and effectiveness
- **Small footprint** – uses less space than other treadmills and ellipticals
- **Easy access** – entry and exit from the rear of machine allows more ellipticals to be placed side-by-side for maximum space efficiency



Health Club Member Survey



Overall Octane Workout



OCTANE WINS THE "TASTE TEST"

According to surveys of health club members, Octane is preferred over other elliptical cross trainers. In fact, more than 75% of elliptical exercisers rated workouts on Octane's commercial models as superior.

When trying ellipticals in health clubs, individuals consistently prefer Octane Fitness machines, citing their natural, smooth motion; variety of hand positions with MultiGrip handlebars; and fluid, intuitive movement that offers custom comfort.

In fact, surveys showed that 95% of health club members wanted to have Octane Fitness ellipticals in their fitness facility. Choosing Octane Fitness cross trainers is an easy, proven way to keep your members satisfied—and coming back.



A STRIDE AHEAD

In the quest to build superior elliptical cross trainers, Octane's research uncovered preferences for various stride lengths, according to the height of the user and the speed and direction of their movement. To accommodate these different needs, Octane offers both SmartStride and an electronically adjustable stride length from 18-23" at the touch of a button on the Pro4500 model. Exercisers can vary their workouts and customize their strides at any time on the Pro4500.

Octane's Pro3500XL satisfies those who want a longer stride throughout their routine by using an irresistibly natural and uniquely comfortable fixed stride length of 24". Many runners, athletes and taller exercisers find that this slightly longer stride feels superior.

And exercisers who enjoy a traditional, natural stride length of 19.5", which is optimal for pedaling forward or in reverse, can use Octane's Pro3500 and Pro350 models.

With a variety of choices, club owners can easily accommodate all members for better business.



Rigorous workout that incorporates interval and strength training with steady resistance levels punctuated by intense upper-body repetitions.

ArmBlaster

DELIVERING SUPERIOR WORKOUTS

While many different treadmills and stationary bikes typically feel similar, anyone who has used an elliptical cross trainer knows that different models are clearly distinctive in their motion, feel and fit to an exerciser's body. Their various designs and features amount to remarkably different workout comfort, safety and effectiveness among brands.

That's why Octane's mission is to build the absolute best experience on an elliptical. Period.

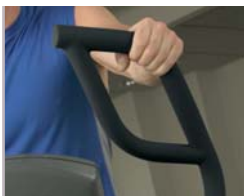
Armed with years of industry experience, reams of research and substantial exerciser feedback, the Octane team has designed its ellipticals with unique features that transform cross trainer exercise. Body-Mapping Ergonomics delivers fluid motion that blends optimal comfort, perfect pedal motion and articulation and exact inertia. With the patented QuadLink drive, a low step-up height creates easy access, the unmatched two-inch pedal spacing eliminates potential back pain and a smart handlebar design better engages the upper body and core.

Beyond the exceptional feel of the Octane ellipticals, exercisers stay motivated with easy-to-use, innovative programs, and health club managers can rely on quiet and virtually maintenance-free performance.

Health club members everywhere prefer Octane Fitness cross trainers, describing them as smooth, fluid, comfortable, natural and effective—in addition to offering unbeatable, efficient, total-body and heart-pumping workouts like no other.



BREAKTHROUGH INNOVATIONS



The proprietary design of the revolutionary MultiGrip handlebars offers valuable variety with numerous positions for unmatched effectiveness, comfort and customization for every size exerciser.

MultiGrip



Exclusive to Octane, this virtual personal trainer commands ultra-cross training by prompting exercisers to go in reverse, pedal fast or slow, push or pull, squat and more.

X-Mode+™



Targeting typical trouble spots in the glutes, hips and thighs, the GluteKicker aggressively alternates intense lower-body movements with recovery sessions.

GluteKicker™



Interactive ergonomics custom-fits exercisers by monitoring their pace and direction and intelligently adjusting stride length accordingly.

SmartStride™



The "forward-thinking," front-drive design of Octane's cross trainers offers a smaller footprint than other treadmills and ellipticals, so they take up minimal floor space on crowded gym floors.

Space-Efficient

EQUIPPED WITH



ENTERTAINMENT FOR THE RIDE

With access to entertainment, exercisers tend to work out longer and more often, ultimately leading to better health and fitness. Advances in entertainment options, including personal viewing screens, have boosted expectations of fitness equipment.

With all of Octane Fitness' commercial Pro Series units entertainment-ready, health clubs can easily install LCD screens up to 17" that aesthetically compliment Octane's sleek, modern design. Each Octane elliptical is CSAFE-ready and FitLinxx™ certified.

Technology Transformed

Members request Octane Fitness cross trainers because workouts are engaging and effective with a variety of distinctive programs and electronic features. Because they are so easy to use, Octane's ellipticals don't require staff instruction or supervision.

For advanced customization and variety, DedicatedLogic™ enables members to change their program, resistance or time on-the-fly at any time during their workouts, with data such as accumulated time, calories and distance saved.

Motivation is guaranteed with five preset resistance routines, including Random, Hill and Interval, as well as five HeartLogic Intelligence programs, which vary resistance levels based on the user's target heart rate to maintain specific intensity levels. Wireless heart rate monitoring and digital contact sensors ensure accurate feedback.

The solid, remarkably quiet performance of the Octane Pro Series ellipticals makes them an enormous asset to any fitness floor.

ENGAGING ELECTRONICS



Stride Ahead with SmartStride

With the premium Pro4500, exercisers can take advantage of several choices to vary their stride and workout intensity. The electronically adjustable stride length delivers customized stride lengths from 18-23" at the touch of a button at any time during exercise sessions.

Even more, the patent-pending SmartStride—only available from Octane Fitness—is an exceptional breakthrough in interactive ergonomics. SmartStride replicates walking, jogging, running and moving backwards. It custom-fits exercisers by monitoring their pace and direction and automatically adjusting stride length accordingly.

Five powerful workouts on the Pro4500 combine various stride lengths, directions and resistance levels to enable individuals to uniquely capitalize on cross training, enjoy enhanced motivation and experience better results.



For a rigorous total-body workout that is anything but routine, Octane's patent pending ArmBlaster boosts cardiovascular endurance with steady resistance intervals and builds upper-body strength with intense resistance sessions. Every three minutes, the machine automatically increases resistance while exercisers crank out 10 upper-body repetitions. Every muscle in the upper body is fully engaged for this results-producing challenge.

UPPER BODY UNLEASHED



REVOLUTIONARY CROSS TRAINING

With Octane's exclusive X-Mode and GluteKicker, time-crunched members can easily capitalize on the advantages of challenging, efficient, true cross training.

X-Mode+

A virtual personal trainer prompts exercisers to perform different movements such as squat, reverse, lean back, pedal fast or slow, push or pull and more for the ultimate in cross training and balanced muscle usage.

GluteKicker

This heart-pumping interval routine intensely targets the glutes, hips and thighs with movements like squat, reverse, fast and lean back—for an invigorating session that boosts endurance and strength.



CLUB DURABILITY - 3 INNOVATIVE MODELS

Pro4500 – Heavy-Duty Electronically Adjustable Stride

The top-of-the-line Pro4500 is an innovative, high performance machine that equips health clubs with the absolute best features available, including:

- **SmartStride** – custom-fits exercisers by monitoring pace and direction and automatically adjusting stride length accordingly
- **Electronically adjustable stride length** – from 18-23"
- **Variable stride programs** – combine different strides, directions and resistance levels
- **MultiGrip handlebars** – maximize customization, variety and effectiveness
- **30 resistance levels** – accommodate all exercisers
- **Exclusive DuraDrive** – uses highest quality axle, crankshaft and drive belt

Pro3500 / Pro3500XL – Busy Commercial Health Clubs

Built to withstand intense usage over time in busy health clubs.

Some exceptional features are:

- **Self-powered** – can be placed anywhere
- **Heavy-gauge steel, reinforced, triangulated frame** – maintains stability with exercisers up to 400 pounds
- **MultiGrip handlebars** – facilitate various positions and transfer more load to upper body
- **Space efficient** – smaller footprint than other treadmills and ellipticals
- **Fixed stride length** – 19.5" on Pro3500, 24" on Pro3500XL



Research shows that the wider the space between the pedals, the greater the hips shift laterally during exercise, which feels unnatural and can cause lower back pain. Octane Fitness proudly presents the closest pedal spacing in the industry at just 2 inches to optimize comfort and virtually eliminate potential back stress.

PRECISE PEDAL SPACING



VALUE OPTION FOR FITNESS FACILITIES

Fitness centers that experience lighter usage than heavy-duty commercial clubs—such as those in residential complexes, community recreation centers, corporations and hotels—may not demand every sophisticated feature of top-of-the-line ellipticals but still want exclusive Octane Fitness quality and performance.

Pro350

The Pro350 was designed to meet the needs of lower traffic fitness facilities, with valuable features and a value price. Here's a sampling of what's included on the Pro350:

- Self-powered generator brake – for fluid motion and wide resistance range
- Ideal stride length – 19.5"
- 2" pedal spacing – optimizes comfort and eliminates potential back stress
- Digital contact heart rate sensors – offer accurate feedback
- Easy-to-use electronics – deliver varied, effective workouts



SPECIFICATIONS

Key Mechanical Features

	PRO4500	PRO3500XL	PRO3500	PRO350
QuadLink Drive	●	●	●	●
Electronic stride adjustment	●	—	—	—
Stride length	18"-23"	24"	19.5"	19.5"
Pedal spacing	2"	2"	2"	2"
Exclusive DuraDrive	●	●	●	—
Low step-up height	7"	7"	7"	7"
Oversized pedals	●	●	●	●
MultiGrip handlebars	●	●	●	—
Stationary handlebars	●	●	●	●
Water bottle holder(s)	2	2	2	1
Remote / personal stereo holder	●	●	●	—
Reading rack	●	●	●	●
LCD mount option	●	●	●	●
Transport wheels	●	●	●	●
Electronic Features				
On-the-fly programming	●	●	●	●
Quick Start	●	●	●	●
Cool down	●	●	●	●
X-Mode	●	●	●	●
X-Mode countdown timer	●	●	●	●
GluteKicker	●	●	●	●
ArmBlaster	●	●	●	●
HeartLogic Intelligence	●	●	●	●
Wireless heart rate ready	●	●	●	●
Digital contact heart rate	●	●	●	●
CSAFE	●	●	●	●
FitLinxx certified	●	●	●	●
Resistance levels	30	30	30	25
Self-powered	—	●	●	●
Power requirements - 120 volts*	●	—	—	—

*Voltage may vary outside the U.S.

Product Specs

	Max user weight	Footprint	Footprint live area	Product weight
PRO4500	400lbs (181kg)	31" x 71" (787mm x 1803mm)	31" x 84" (787mm x 2133mm)	335lbs (152kg)
PRO3500XL	400lbs (181kg)	31" x 71" (787mm x 1803mm)	31" x 83" (787mm x 2108mm)	330lbs (150kg)
PRO3500	400lbs (181kg)	31" x 67" (787mm x 1701mm)	31" x 78" (787mm x 1981mm)	320lbs (145kg)
PRO350	400lbs (181kg)	29" x 67" (736mm x 1701mm)	29" x 78" (736mm x 1981mm)	310lbs (141kg)

key: ● standard — unavailable

Workouts

	PRO4500	PRO3500XL	PRO3500	PRO350
Workouts				
Number of programs	15	10	10	10
Preset resistance programs				
Manual	●	●	●	●
Random	●	●	●	●
Interval	●	●	●	●
Hill	●	●	●	●
10K	●	●	●	●
Stride length programs				
Starter	●	—	—	—
PowerWalk	●	—	—	—
Stride Interval	●	—	—	—
Dual Direction	●	—	—	—
Stride Burst	●	—	—	—
Heart rate controlled programs				
Fat Burn	●	●	●	●
Cardio	●	●	●	●
Heart Rate Interval	●	●	●	●
Heart Rate Hill	●	●	●	●
Heart Rate Speed Interval	●	●	●	●
Workout enhancers				
SmartStride	●	—	—	—
X-Mode	●	●	●	●
GluteKicker	●	●	●	●
ArmBlaster	●	●	●	●
Warranty				
3 years parts - full	●	●	●	—
1 year labor - full	●	●	●	—
3 years parts - limited	—	—	—	●
1 year labor - limited	—	—	—	●



Health club members today demand effective, reliable equipment, and Octane Fitness clearly outperforms expectations and yields remarkable results. Distinguished by a precise focus, experienced leadership, breakthrough innovations and personal customer relationships, Octane has achieved a preeminent position in elliptical category worldwide.

Ignite your business and fuel your facility with the unsurpassed, award-winning performance of Octane Fitness elliptical cross trainers.

DRIVEN TO DIFFERENTIATE

FUELED



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