

## **CYBEX** 750 ARC TRAINER

The new CYBEX 750A and 750AT Arc Trainers offer the same excellent performance and versatility as the previous Arc Trainers, but now have an updated design, with more features and overall more comfort for increased user enjoyment. The new Arc Trainers have a stylish and modern appearance to complement your facility, and complete the look for our 750 series family which also includes the 750T treadmill and 750C and 750R cycles.

**The Best Just Got Better, with CYBEX's new Arc Trainers!**



**CYBEX**cellence



## THE ARC TRAINER DIFFERENCE

CYBEX's superior biomechanics on the Arc Trainer allows for high intensity training that places high loads on the muscles with less stress on the joints. This also means that users who train on the Arc Trainer feel less perceived exertion, and get the least stressful workout of any cross trainer or elliptical on the market, because of correct load application. The Arc Trainer's Advanced Stride Technology offers the variability and versatility of a changing pattern of motion. For example low inclines provide a gliding type of motion with modest hip and knee motion, while progressively higher inclines provide comparable increases in hip and knee motion. From mild to wild, some cross trainers talk about variability in their workout, the CYBEX Arc Trainer truly delivers it.

**Same great exercise in a smaller footprint**

**Exceptionally broad power range**

**750 Family Display**

## specifications

<b>Product Number</b>	750A, 750AT
<b>Resistance Range</b>	Up to 900 Watts
<b>Incline Levels</b>	21 levels
<b>Dimensions</b>	750AT: 77" (196 cm) L x 62.5" (159 cm) H x 36.75" (93 cm) W at upper hand grips; 28.5" (72 cm) at base 750A: 77" (196 cm) L x 62.5" (159 cm) H x 28.5" (72 cm) W
<b>Max User Weight</b>	400 lbs (181 kg)
<b>Power</b>	Self-powered utilizing a hybrid eddy current brake with generator and dual stage drive.
<b>Stride Length</b>	24" (61cm)
<b>Portability</b>	Wheels on front for easy rolling
<b>Drive Type</b>	Double step-up drive
<b>Display</b>	Graphic display of profile via 10 x 15 LED. Additional message bar display of messages and data; may scan or select between distance, calories, calories/hour, METs, watts, strides per minute and heart rate including multi-color indication of heart rate range. Lower display shows time, incline and resistance level.
<b>Heart Rate Monitoring</b>	Contact and Polar® Wireless
<b>Programming</b>	Basic Programs: Quick Start, Manual, Hills, Hill Interval, Interval 1:1, Interval 1:2, Pike's Peak, Weight Loss, Cardio and Strength and Heart Rate Control. Programs have 10 levels and control both incline and resistance. Advanced Programs: Manual Constant Power, Adaptive Power Training, and Fitness Test. Nine custom programs available.
<b>Connectivity</b>	Dual CSAFE RJ-45 Connector (FitInxx® Level 3 Pending))
<b>Facility Features</b>	Facility preference setup parameters and diagnostics
<b>Optional Personal Entertainment Monitor</b>	Digital & iPod compatible TV With integrated mount and centrally integrated controls, including direct channel access.
<b>Other Features</b>	Magazine Rack, Dual water bottle holders, Utility tray / iPod holder, Dual speed fans
<b>Power Cord</b>	Approximately 11' (335 cm)
<b>Color</b>	Available in five standard colors as well as two tone Platinum Sparkle and Black Chrome with graphite enclosures and a virtually unlimited variety of custom colors



**CYBEX®**  
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